

## Special Olympics IOWA 2014 Cheer Squad

Attention High School Cheer Coaches:

The ICCA has been asked to be a part of Special Olympics IOWA 2014. This is the 9<sup>th</sup> year that we have been performing. It is a very rewarding experience for the cheerleaders and athletics. All high school cheerleaders are invited to be a part of this special event. It is preferred that the coach attend with the cheerleaders, however, if this is not possible a cheer parent will be permitted.

### Participation and Fees:

The first 50 cheerleaders to pay their nonrefundable fee of \$20 will be accepted. Make all checks payable to the Special Olympics IOWA. We would like to try and have ONLY 4 cheerleaders per school, please. The deadline to register is APRIL 25<sup>th</sup>, 2014. Registration forms can be found on [www.iowacheercoaches.org](http://www.iowacheercoaches.org).

### Date and Responsibilities:

The cheerleaders will learn a routine at Hilton Coliseum on May 22nd, 2014. Registration will start at 11:00 AM and practice will start at 11:30 AM SHARP!! Please come ready and have already eaten lunch. The cheerleaders will hold a cheer clinic for the Special Olympic athletics immediately following the practice. The ICCA cheerleaders will then perform their routine they learned that day, in the evening at the Special Olympics IOWA 2014 Opening Ceremonies held in Ames at Hilton Coliseum.

### What to bring and wear:

Coaches must be sure to bring medical form and ICCA release form for each cheerleader. Cheerleaders will need to wear shorts, a t-shirt and cheer shoes to practice. All NFHS Spirit rules will be followed including NO JEWELRY during practice, clinic and performance. Cheerleaders will receive a boxed supper or may bring money to eat out for supper.

For the performance cheerleaders will wear their cheer uniform with a turtleneck and bring your POMS. The Hilton Coliseum locker rooms will be available for the cheerleaders to change.

Check in: 11:00 am - 11:30 am @ Hilton Coliseum in Ames

Practice: 11:30 am – 2:45 pm @ Hilton Coliseum in Ames

Camp/clinic: 3:00 pm – 3:45 pm @TBA

Supper: 4:00 pm – 6:00 pm @ Hilton Coliseum in Ames

Practice: 6:00 pm FULL UNIFORM DRESSED READY!! @ Hilton Coliseum in Ames

Performance TBA @ Hilton Coliseum in Ames

Wear: shorts, t-shirt, socks and cheer shoes for practice. Perform in uniforms, turtlenecks and poms.

Bring: Medical form, ICCA release forms.

Hope to see you there for this great experience. Send your registration forms/fee by April 26th, 2013 to:

Sandy Norby  
3237 Hickory Ave  
Osage, IA 50461

If you have further questions please contact:

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Sandy Norby ([snorby@osage.k12.ia.us](mailto:snorby@osage.k12.ia.us))

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**WE WILL follow all NFHS Spirit Rules!!**