

STUNT GROUP COMPETITION

(20 pts Stunt Difficulty, 10 pts L/D/T, 5 pts Tosses, 20 pts Overall Execution, 10 pts Overall Impression)

Stunt Difficulty

18-20	Elite stunts - Multiple extended one leg body positions - Extended, unassisted single base stunts
14-18	Advanced stunts - Extended one leg body positions - Prep level and/or assisted single base stunts
10-14	Extended double leg stunts and/or Single leg body positions at prep level
1-10	Prep level double leg stunts and/or Single leg body positions below prep level

Load-ins/ Dismounts/ Transitions

9-10	Elite variety in L/D/T - 1+ Twist to extended level - 1 Twist from single leg dismount - Legal inversions/releases
7-9	Advanced variety L/D/T - 1+ Twist to prep level - 1 Twist from single leg dismount prep level - Legal inversions
5-7	Some variety in L/D/T - 1 Twist transition - 1 Twist from double leg - Legal inversions
1-5	Little to no variety in L/D/T - Basic transitions, load-ins, and dismounts

Tosses

4-5	Elite tosses that include a toss with a skill plus a twist (e.g., switch kick full, kick full)
3-4	Advanced tosses that include a toss with a single twist
2-3	Tosses that include single, non-twisting skills (e.g., toe touch, pike, pretty girl, switch kick)
1-2	Tosses that include basic straight rides with arm variety

Execution

18-20	Nearly perfect to perfect technique, body control, placement, flexibility, and synchronization
14-18	Above average technique, body control, placement, flexibility, and synchronization
10-14	Standard technique, body control, placement, flexibility, and synchronization
1-10	Below average technique, body control, placement, flexibility, and synchronization

Overall Impression

9-10	Nearly perfect to perfect routine with NO bobbles and/or falls - Quick, fast paced choreography - Minimal breaks
7-9	Almost perfect routine with slight bobbles - Quick, fast paced choreography - Minimal breaks
5-7	Standard routine with slight bobbles or minor falls - Average pace - Some breaks in choreography
1-5	Below average routine with obvious bobbles and/or falls - Average to below average pace - Breaks in choreography

Difficulty Key Points:	Execution Key Points:
Number Used vs. Number on Team Number of Transitions and/or Release Moves Speed/Pace of Transitions Added Skills/Twisting Dismounts Minimal Use of Bases	Building Technique Level of Perfection Body Control in Skills Bobbles and Falls Proper Technique