

Characteristics of a "Yes"	Characteristics of a "Maybe"	Characteristics of a "No"
Cheer	Cheer	Cheer
Proper Motion Placement	Proper Motion Placement	Poor Motion Placement
Sharp, controlled motions	Sharp, controlled motions	Weak, sloppy motions
arms straight as directed	arms straight as directed	Arms bent or not in the correct position
claps sharp, loud, hands cupped	claps sharp, loud, hands cupped	Weak claps, soft, open hands
fists closed correctly and facing correct direction	fists closed correctly and facing correct direction	fists not closed correctly and facing incorrect direction
no broken/clubbed/flexed wrists	no broken/clubbed/flexed wrists	broken/clubbed/flexed wrists
Correct stance and leg positions	Correct stance and leg positions	Weak, narrow stand and leg positions
Loud, clear voice (no singing)	Loud, clear voice (no singing)	Quiet or singing voice
Knowledge of cheer	Knowledge of cheer	Minimal knowledge of cheer
Correct rhythm and pace of cheer	Correct rhythm and pace of cheer	rhythm and pace of cheer are off
No thumbs stick out when at rest	No thumbs stick out when at rest	Thumbs and hands are loose and sloppy
Motions reflect choreography correctly	Motions mostly reflect choreography	Motions rarely reflect choreography
Jumps	Jumps	Jumps
Toe Touch	Toe Touch	Toe Touch
Pointed Toes	Pointed Toes	Flexed Feet
Chest Up	Chest Up	Dropped Chest
Clean Landing (feet together)	Fairly Clean Landing	Landing is sloppy or feet are not together
Sharp Motions	Sharp Motions	Weak Motions
Correct Motion Placement	Correct Motion Placement	Incorrect/poor Motion Placement
Clean Approach	Clean Approach	Complicated or inefficient Approach
Firsts are closed correctly and facing correct direction	Firsts are closed correctly and facing correct direction	Fists are open and/or facing incorrect directions
Legs are either level or hyper extended at height of jump	Legs are mostly level height of jump	Legs are low and weak
Legs are controlled when landing (not frogged)	Legs are mostly controlled when landing (not frogged)	Legs are uncontrolled when landing
Double Jump	Double Jump	Double Jump
Pointed Toes	Pointed Toes	Flexed feet on jumps
Chest Up	Chest Up	Dropped Chest
Clean Landing on Both Jumps	Mostly Clean Landing on Both Jumps	Landings are sloppy or feet are not together
Sharp Motions	Sharp Motions	Weak Motions
Correct Motion Placement	Correct Motion Placement	Incorrect/poor Motion Placement
Clean Approach	Clean Approach	Complicated Approach
Smooth Transition Between Jumps	Mostly Smooth Transition Between Jumps	Poor Transition Between Jumps (stops, poor approach)
Difficulty of Combination/Well Executed	Difficulty of Combination/Well Executed	Easy choice of Combination/Not well executed (jumps may have been poor choice for the cheerleader)
Legs are controlled when landing (not frogged)	Legs are controlled when landing (not frogged)	Legs are not controlled when landing (frogged)
Legs are either level or hyper extended at height of jump	Legs are mostly level at the height of the jumps	Legs are low and weak

Dance	Dance	Dance
Sharp, controlled Motions	Mostly Sharp, controlled Motions	Loose, uncontrolled Motions
Exhibits Rhythm and Energy	Exhibits Rhythm and Energy	Weak Rhythm/weak energy
Begins and ends on time	Begins and ends on time	Begins and ends either not on time, or off count
no counting (mouthing)	no counting (mouthing)	Counting (mouthing)
Correct motions and timing	Correct motions and timing/motions reflect choreography as taught	Incorrect motions and timing
Knows the dance correctly, doesn't add extra	Knows most of the dance correctly, doesn't add extra	Doesn't know the dance correctly, adds own motions/steps
Technique is strong, motions are tight	Technique is good, motions are tight	Technique is weak, motions are loose
Doesn't need to watch others to know what to do.	May have to watch others, but brief	Watching other cheerleaders/doesn't know it
For Judges' Purposes Only:		
Tumbling	Tumbling	Tumbling
Good Technique	Good Technique	Poor Technique/no tumbling skills
Clean approach and landing	Clean approach and landing	Weak approach and landng
Demonstrates strong skills	Demonstrates average skills	Demonstrates poor or uncontrolled skills