



# IOWA CHEERLEADING STATE CHAMPIONSHIPS

## CHEER & DANCE – OVERALL IMPRESSION SCORE SHEET

**SCHOOL:** \_\_\_\_\_ **CLASS** \_\_\_\_\_ **Total Athletes** \_\_\_\_\_

### ROUTINE COMPOSITION AND PERFORMANCE

| DIFFICULTY | 2.5-3.0                 | 3.0-3.5                          | 3.5-4.0   | 4.0-4.5   | 4.5-5.0   | NOTES | SCORE |
|------------|-------------------------|----------------------------------|---|---|---|-------|-------|
|            | Poor to weak impression | Average to below average routine | Average routine that hit some areas in a strong fashion | Above average routine put together with purpose that hit most areas in a strong fashion | Truly exceptional routine hitting each area in a strong fashion |       |       |

**Consider:**

- \* Variety of formations with precise spacing
- \* Seamless, creative transitions and patterns of movement
- \* Quick pace and smooth flow of routine
- \* Correct timing and synchronization
- \* Effective use of floor
- \* Innovative, visual, and creative
- \* Cleanliness of routine
- \* Skills that didn't have majority

### PROJECTION AND SHOWMANSHIP

| DIFFICULTY | 2.5-3.0                 | 3.0-3.5   | 3.5-4.0   | 4.0-4.5  | 4.5-5.0  | NOTES | SCORE |
|------------|-------------------------|---|---|--|--|-------|-------|
|            | Poor to weak impression | Low energy and overall slow pace, low volume and/or clarity of voices | Slower pace but fun to watch, voice fade when building or jumping | Energy level is high however it slows occasionally, fun to watch, voices fade slightly but can be understood | Exciting and fun to watch, appears effortless, high level of energy, easy to hear and understand |       |       |

**Consider:**

- \* Genuine enthusiasm and energy level maintained throughout routine
- \* Confidence, Poise, Natural facial expressions/smiles
- \* Good volume and enunciation relative to the number of athletes
- \* Appropriate athletic impression maintained throughout routine

|                    |  |
|--------------------|--|
| <b>TOTAL SCORE</b> |  |
|--------------------|--|