TOSSES x 1 =



# **IOWA CHEERLEADING STATE CHAMPIONSHIPS STUNT GROUP SCORE SHEET**

## SCHOOL

CHOOL:			CLASS		Total Athletes		
TOSSES							
DIFFICULTY	2.5-3	3-3.5	3.5-4	4-4.5	4.5-5	NOTES & NUMBER OF SKILLS	SCORE
	Straight ride tosses	Single skill tosses without twists	Multi-skill tosses without twists	Tosses with twists	Multi-skill tosses with twists		

#### **PARTNER STUNTS**

DIFFICULTY	2.5-3	3-3.5	3.5-4	4-4.5	4.5-5	NOTES & NUMBER OF SKILLS	SCORE
	Prep level stunts	Extended double leg stunts	Extended single leg stunts with at least one extended body position	Extended single leg body positions and at least one elite stunt, required full twist extended level dismount	Extended single leg body positions and multiple elite stunts, required full twist dismount from extended body position		
EXECUTION	2.5-3	3-3.5	3.5-4	4-4.5	4.5-5	NOTES	SCORE
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	Poor level of technique	Below average technique	Average technique	Above average technique	High level of technique		

### PARTNER STUNTS x 4 =

#### **OVERALL IMPRESSION**

3-3.5	3.5-4	4-4.5	4.5-5	NOTES	SCORE
Average to below average routine (average to below average pace, breaks and timing issues, obvious bobbles)	Average routine hitting some areas in a strong fashion (average pace, some breaks and timing issues, slight bobbles)	Above average routine hitting most areas in a strong fashion (fast pace, minimal breaks, good timing, creative, some slight bobbles)	Truly exceptional routine hitting each area in a strong fashion (fast pace, clean transitions, correct timing, innovative and creative, confidence, clean routine)		

**OVERALL IMPRESSION** x 1 =

**TOTAL SCORE** 

Elite Stunts (include but not limited to): Full up to extended position, release moves that land in an extended position, tick tock variations, toss extended stunts, other unique stunts, and transitions of similar difficulty level.